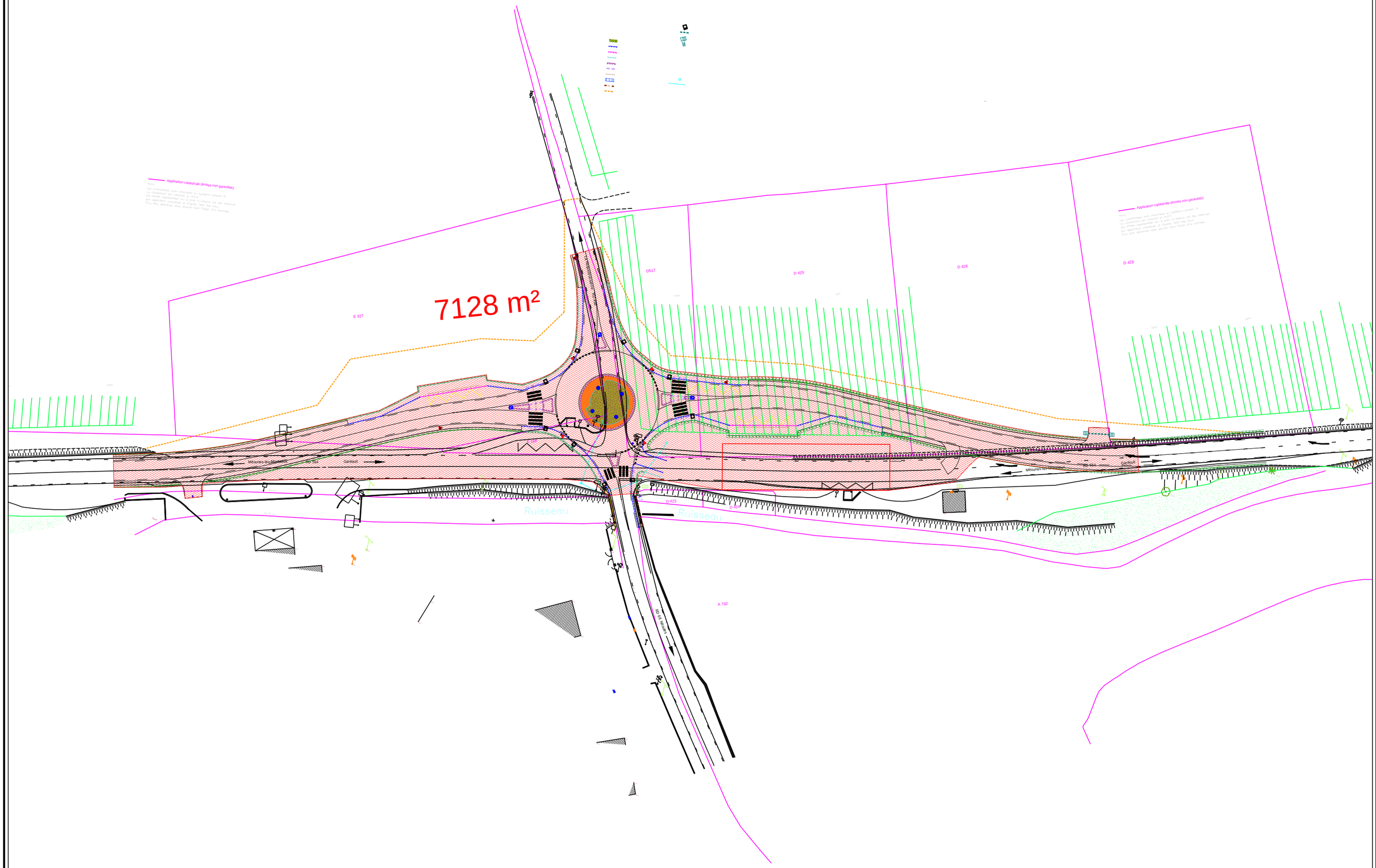Plan projet 1/1000